

“ Italy has changed. But Rome is Rome. ”

Robert De Niro, American actor

YOUR LIFESTYLE



FIFTY SHADES OF WINE

If you thought the *Fifty Shades Of Grey* mania was over (you clearly don't know a movie on the books is due to be released on Valentine's Day 2015), you were wrong. Fans can now sip wines titled White Silk and Red Satin, which author EL James has helped California wine makers produce. The red is a mix of Petite Sirah and Syrah, and has flavours of black cherry, cocoa powder, creamy caramel and vanilla, leather and clove spice, while the white is a blend of Gewürztraminer and Sauvignon Blanc, and has the floral aromatics of lychee, honey and pear, tempered by flavours of crisp grapefruit, mineral and lush pear with a faint hint of butterscotch.



On Femina.in

Do you love it when a shiver runs down your spine and get kicks out of venturing into the unknown? Then give the breezy seaside a miss this vacation and travel to one of the many creepy, haunted destinations listed on femina.in/lifestyle.

ONE THING TO DO THIS FORTNIGHT

He's had plenty of exposure to home cooks on his show *MasterChef India*, and now Chef Kunal Kapoor has released his book, *A Chef In Every Home*, dedicated to them. The book has easy delicious recipes categorised under 'Smacky starters', 'Healthy and fun menus for kids', 'Hearty main courses' and 'Desserts'. Available from Random House India for ₹599.

BACKPACKER'S PARADISE

If you're a proud budget traveller, this list of Top 10 Backpacking Destinations for 2014 by *Off Track Planet*, a guide for the 'young, sexy and broke', is definitely for you. For the 'loudest' backpacking trip, head to party crazy Brazil, where sports mania will break out in June-July for the football World Cup. Lodz in Poland is the 'artsiest' destination, as it loses its Soviet greys for some of the best street art. The cenotes in Tulum, Mexico, make it the 'most adventurous', while the dense forests of Galicia, Spain, make it the 'greenest'. Head to Djenné, Mali, named 'most architecturally fascinating' for its unique adobe architecture, and to 'sportiest' Sochi, Russia, which is hosting the 2014 Winter Olympics. Relax in a hammock in Koh ta Kiev, Cambodia, voted the 'beachiest'. Or take in the Gobi-Tundra landscape in Mongolia, called the 'most remote'. Rost, Norway, where temperatures never go below freezing, has been voted 'best of both worlds'. And voted best trip overall is Vilnius, Lithuania, for its rich history and nightlife.

PHOTOGRAPH BY MASTERFILE INDIA

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A Times of India publication

FEMINA

MARCH 25, 2014 ₹60

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